

# November 2023 Elementary Lunch Menu

**Breakfast and Lunch is Free for all Students!**

**Our menu consists of Whole Grains, Fresh Fruits and Vegetables.  
Students must take a fruit and/or vegetable with each lunch.  
All Meals served with milk.**

**Sunbutter and Jelly and Vegetarian Meals served daily.**

**V=Vegetarian LG=Locally Grown LTO=Limited Time Offer**

**HOTM=Harvest of the Month**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lok Lak with Rice <b>30</b> Pizza Cruncher <b>V</b></p> <p>Asian Chicken Salad with Flatbread Tuna Salad Sandwich on a Bulky Roll</p> <p>Side Salad &amp; Green Beans Apples &amp; Pears</p>	<p><b>Happy Halloween!!</b> <b>31</b> Pork Carnitas Taco on a Tortilla Wrap Chicken Dippers with our <b>New Honey Bee Sauce</b> Pretzel Platter <b>V</b> Turkey BLT Sub Zesty Coleslaw &amp; Broccoli <b>Blood Oranges</b> &amp; Apples</p>	<p>Pasta Primavera with a Breadstick <b>V</b> <b>1</b> Hamburger &amp; Cheeseburger Asian Chicken Salad with Flatbread Tuna Salad Sandwich on a Bulky Roll</p> <p>Cucumbers &amp; Carrots <b>LG</b> Bananas &amp; Berry Cup</p>	<p>Waffles and Chicken Sausage <b>2</b> Cheesy Potato Breakfast Bake Pretzel Platter <b>V</b> Turkey BLT Sub</p> <p>Roasted Veggies &amp; Green Beans Pears &amp; Fresh Fruit Cup <b>Cookie Monster's Birthday!</b> <b>Get a Cookie with Lunch!</b></p>	<p>Cheese Pizza <b>V</b> <b>3</b> Buffalo Chicken Pizza</p> <p>Asian Chicken Salad with Flatbread Tuna Salad Sandwich on a Bulky Roll</p> <p>Roasted Chickpeas &amp; Red Peppers Apples &amp; Bananas</p>
<p><b>National Nacho Day</b> <b>6</b> Chicken Nachos Chipotle Cheesy Bean Nachos <b>V</b> Omelette with Corn Muffin <b>V</b> Ham Chef Salad with Flatbread <b>LG</b> Italian Sub Carrots <b>LG</b> &amp; Roasted Potatoes Apples &amp; Oranges</p>	<p><b>No School Election Day</b> <b>7</b> </p>	<p>Penne Bolognese with a Breadstick Cheese Quesadilla <b>V</b> <b>8</b></p> <p>Ham Chef Salad with Flatbread <b>LG</b> Italian Sub</p> <p>Cucumbers &amp; Carrots <b>LG</b> Bananas &amp; Berry Cup</p>	<p>Cheese Pizza <b>V</b> <b>9</b> <b>HOTM: Green Monster Pizza V LG</b></p> <p>Bagel Power Pack <b>V LG</b> Moroccan Harissa Chicken Wrap <b>LG</b></p> <p>Green Beans &amp; Carrots <b>LG</b> Pears &amp; Fresh Fruit Cup</p>	<p><b>No School Veterans Day</b> <b>10</b> </p>
<p>Deluxe Chicken Sandwich with Honey Bee Sauce Hot Pretzel Dippers <b>13</b></p> <p>Chicken Caesar Salad with Flatbread <b>LG</b> Turkey and Cheese Sandwich Roasted Broccoli &amp; Carrots <b>LG</b> Bananas &amp; Berry Cup</p>	<p>Arroz con Pollo <b>14</b> BBQ Chicken and Cheddar Flatbread</p> <p>Chocolate Hummus Platter <b>V</b> Caprese Chicken Platter</p> <p>Street Corn Salad &amp; Carrots <b>LG</b> Clementines &amp; Apples</p>	<p><b>Holiday Meal!</b> <b>15</b> Roasted Turkey with Gravy Vegetarian Nuggets <b>V</b></p> <p>Served with Mashed Potatoes, Stuffing, and a Dinner Roll</p> <p>Roasted Seasonal Vegetable Baked Apple Crisp</p>	<p>Chili Garlic Popcorn Chicken <b>16</b> Lo Mein Pizza Crunchers <b>V</b></p> <p>Chocolate Hummus Platter <b>V</b> Caprese Chicken Sub <b>LG</b> Celery Sticks &amp; Kale Caesar Salad <b>LG</b> Pears &amp; Fresh Fruit Cup</p>	<p>Cheese Pizza <b>V</b> <b>17</b> Hawaiian Pizza</p> <p>Chicken Caesar Salad with Flatbread <b>LG</b> Turkey &amp; Cheese Sandwich</p> <p>Red Pepper Strips &amp; Side Salad Apples &amp; Bananas</p>
<p>French Toast Sticks with Chicken Sausage or Vegetarian Sausage <b>V</b> <b>20</b> Hamburgers &amp; Cheeseburgers Greek Salad with Flatbread <b>LG</b> Chicken Salad Sandwich Tater Tots &amp; Roasted Butternut Squash Apples &amp; Pears</p>	<p>Beef Taco on a Tortilla Wrap Kickin' Bean Taco on a Tortilla Wrap <b>V</b> <b>21</b></p> <p>Crispy Chicken Sandwich &amp; Spicy Crispy Chicken Sandwich Yogurt &amp; Fruit Power Pack Greek Chicken Wrap Chic Pea Salad &amp; Fiesta Corn Oranges &amp; Apples</p>	<p><b>Early Dismissal</b> <b>22</b> </p>	<p><b>No School Happy Thanksgiving!</b> <b>23</b> </p>	<p><b>24</b></p>
<p>Chicken Biryani <b>27</b> Chickpea Biryani <b>V</b> Bosco Cheese Sticks with Marinara <b>V</b> Chicken Caesar Salad with Flatbread Ham and Cheese Sandwich Green Beans &amp; Carrots Apple &amp; Oranges</p>	<p>Chicken Fajita with a Tortilla Wrap <b>28</b> Black Bean Taco <b>V</b> Hamburger &amp; Cheeseburger Pizza Platter Chicken Caesar Wrap</p> <p>Roasted Chickpeas &amp; Cucumbers Clementines &amp; Apples</p>	<p><b>LTO: Spicy Tzatziki Gyro</b> <b>29</b> Vegetarian Nuggets with A Roll <b>V</b> Fish and Chips with Coleslaw and A Dinner Roll Kale Chicken Caesar Salad with Flatbread Ham and Cheese Sandwich Corn &amp; Carrots Bananas &amp; Berry Cup</p>	<p>Chicken &amp; Vegetable Dumplings with Mixed Veggies Edamame Dumplings with Mixed Veggies <b>V</b> <b>30</b> Chicken Parmesan Sub Pizza Platter Chicken Caesar Wrap Roasted Green Beans &amp; Carrots Pears &amp; Fresh Fruit Cups</p>	<p>Cheese Pizza <b>V</b> <b>1</b> BBQ Chicken Pizza</p> <p>Kale Chicken Caesar Salad with Flatbread Ham and Cheese Sandwich</p> <p>Red Pepper Strips &amp; Side Salad Apples &amp; Bananas</p>